

2010 Fall Competitive Parents:

Lift Bridge Regatta Itinerary

For those of you that have not had a year of rowing under the Syracuse Chargers Banner we welcome you to what we hope to be a great fall.

For those of you that have had athletes row in the summer with us our way of communication will be a little bit different this fall. Instead of mass emails, posts will be made to our website where you can find out the information for our races and any other important aspects to the program. www.chargersrow.org There will be a link off of the main page, but you can also find the information under the fall competitive link under programs.

FIRST RACE

Lift Bridge Regatta

Website: www.fairportcrew.org or you may visit www.regattacentral.com

When: September 26th (This Sunday)

Where: Fairport, NY (Outside of Rochester)

Time: All athletes should plan on being at the trailer no less than **2 HOURS** before their boat is projected to race. Please have athletes discuss with coaches if this time is to be different.

Coxswain Meeting: (Mahnken, Ebersbach, Green, Noce)

7:45 a.m.

Women's 8+ (All Female athletes)

10:00 a.m. (Race Time)

Men's 4+ (2 Boats) (Berical, Mueller, Faiello, Mahnken, Ebersbach, P. Budmen, D. Budmen, Tongue, Ohrazda, Schoonmaker)

10:15 a.m. (Race Time)

Men's 8+ (1 Boat) (Berical, Ohrazda, Mahnken, Schoonmaker, Craft, Granierro, Dugan, Broughton, Mueller)

1:50 p.m. (Race Time)

Directions:

The FCC boathouse is located at 1399 Fairport Rd. (31F) on the south side of Perinton Park. Visible from the bridge over the canal, it is a large beige building with two white garage doors that face Fairport Road. Parking is available in the office-complex parking lot next to the boathouse. Please avoid the bowling alley parking lot.

Transportation:

Transportation is the responsibility of the athlete. We recommend carpooling if all families are unable to travel, but please inform the coaches if this is going to happen so that we know who with who.

Racing:

The races start at the canal floodgates northeast of Interstate 490 near Kreag Road Park and finish at the historic Lift Bridge in the Village of Fairport. Participant viewing is best along the canal path from Perinton Park headed towards the finish line at the Lift Bridge.

Food:

I am not quite sure what is around this area, however I would suggest bringing something to snack on after the race for the early races and for those athletes that will be racing twice it is important to eat something between races. We as coaches always support parents bringing water and snacks for the athletes, but we do not hold a large food tent as some of you are accustomed to during the Spring.

Departure:

Your athlete may leave the regatta site only **AFTER** their boat is completely de-rigged and put onto the trailer **AND** they have spoken with their coach. This is extremely important so that athletes are not wandering off during a time when you (the parents) believe that they are under our control and we believe the opposite.

Practice:

Athletes will load trailer on Saturday morning and then there will be **NO** practice on Monday afternoon.