

SYRACUSE CHARGERS JUNIORS

2010 Head of the Fish

COACHES CONTACT INFORMATION

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GIRLS:	Bob Garofalo	(315) 263-7801
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REGATTA INFORMATION

LOCATION: State Boat Launch @ Lee's Park (Saratoga Springs, NY)
WEBSITE(S): <http://www.saratogarowing.com/hof.htm>

TIMES:	Athletes Arrival (Event #100/101)	07:15 AM
	Athletes Arrival (Event #108/109)	08:00 AM
	Event #100 – Womens Junior 8+	09:26 AM
	Event #101 – Womens Junior 2 nd 8+	09:39 AM
	Event #108a – Mens Junior 4+	10:22 AM
	Event #108b – Mens Junior 2 nd 4+	10:32 AM
	Event #109 – Mens Junior Lightweight 4+	10:39 AM
	Event #118 – Mens Junior 8+	12:27 PM
	Event #125a – Womens Junior 4+	01:20 PM

DIRECTIONS

1. Take the **NYS THRUWAY EAST** towards Albany, NY to **EXIT #24**. This is the exit for Albany / I-90 & I-87 / Montreal.
2. After the tollbooth, get on **I-87 NORTH** to **EXIT #14**. This is the exit for Union Avenue / NY Route 9P.
3. Turn **LEFT (EAST)** onto **NY ROUTE 9P**.
4. Go approximately one mile and continue over the bridge. The entry into the park is the first left after the bridge (just follow the traffic).

If you have directions from the spring season to the NYSSRA State Championship regatta, those may be used as this is the same venue. If you would like to use MapQuest for directions, please use the following address as the destination:

1498 Route 9P
Saratoga Springs, NY 12866

For additional parking information, please see the map at the regatta website for the parking locations (Green & Blue). Parking is first come, first serve and fills up quick. And if there has been rain this area can get VERY muddy, so please (parents & athletes) plan and dress accordingly.