

# 2<sup>nd</sup> Annual Syracuse Chargers R.C. Row For The Cure

## 10/02/11

### EVENT DETAILS

The Syracuse Chargers Rowing Club in cooperation with the Onondaga County Parks and Recreation Department and various sponsors welcome you to this year's venue. The race course begins on Onondaga Lake at the inlet for the Seneca River and continues 5000m down the Seneca River channel, counterclockwise around Klein Island, and returns to the inlet.

### COURSE INFORMATION

Please see the course map included in this packet. The key course details are as follows:

- All will race a 5000m course.
- There are 4 turns on the race course as shown on the course map.
- If conditions do not allow starting on the lake, the start/finish line will be moved to the Thruway Bridge.
- A more detailed course map indicating river hazards will be included with the registration packet.
- Please see the Syracuse Chargers website ([www.chargersrow.org](http://www.chargersrow.org)) for directions to the boathouse.

### ENTRY INFORMATION & DEFINITIONS

The entry deadline is Saturday, September 24<sup>th</sup>. Late entries will only be accepted if space permits. Refunds will not be awarded for scratches. The 12 events available are as follows: Masters Womens & Mens 1x/2x/4+/8+ and Junior Womens & Mens 4+/8+. Teams may enter a maximum of 3 boats in any event.

- **Masters** are considered participants who 21 years of age or older.
  - Masters events will be handicapped in accordance with the USRowing Rules of Rowing.
  - Please be sure to include the average age of your crew on the Entry Form on the line provided.
  - Average age DOES NOT include the coxswain.
- **Juniors** are considered those athletes currently enrolled in high school.

### HOT-SEATING

We would prefer coaches avoid hot-seating scenarios for both athletes and equipment. If a program finds hot-seating necessary, this should be addressed immediately with Registration. At that time the regatta director will address if the scenario is permissible and proper notice will be given to timing and launch/retrieval personal. Please note not all hot-seat scenarios may be permissible and this is at the discretion of the regatta director.



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#### PRE-LAUNCH REQUIRMENTS

All boats must be in safe and working order. Bow numbers are required and therefore will be provided, however proper fixation is the responsibility of the coach. **Please return your bow numbers to registration upon completion of your event!** Shoe tie-downs and bow balls will be checked prior to launching.

**In the interest of a safe and fair regatta, every competitor and coach is expected to fully understand and follow the USRowing Rules of Racing, and our local rules and procedures.** Photocopy the enclosed liability release waiver and assure that one accompanies each participant.

#### AWARDS

Medals will be awarded for 1<sup>st</sup> / 2<sup>nd</sup> / 3<sup>rd</sup> place in all events. If any event receives three or less entrants, medals for 1<sup>st</sup> place ONLY will be awards. All entrants will receive a free t-shirt.

#### QUESTIONS?

For more information please contact Peg Harrigan ([frankandpeg@aol.com](mailto:frankandpeg@aol.com)). We look forward to seeing all of you at this year's regatta!

2011 Syracuse Chargers R.C. Row For The Cure Planning Committee

- *David Cusano*
- *Peg Harrigan*
- *Lyn Hathaway*



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## COURSE MAP



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ENTRY FORM

Organization: \_\_\_\_\_  
Club Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Person/Coach: \_\_\_\_\_  
Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Please write 1/2/3 to indicate the number of boats you will be racing per event. There is a maximum of 3 entries per event per team. The events are list in order of racing.

Masters Womens 1x \_\_\_\_\_ Average Age: \_\_\_\_\_  
Masters Mens 1x \_\_\_\_\_ Average Age: \_\_\_\_\_

Junior Womens 8+ \_\_\_\_\_  
Junior Mens 8+ \_\_\_\_\_

Masters Womens 2x \_\_\_\_\_ Average Age: \_\_\_\_\_  
Masters Mens 2x \_\_\_\_\_ Average Age: \_\_\_\_\_

Masters Womens 8+ \_\_\_\_\_ Average Age: \_\_\_\_\_  
Masters Mens 8+ \_\_\_\_\_ Average Age: \_\_\_\_\_

Junior Womens 4+ \_\_\_\_\_  
Junior Mens 4+ \_\_\_\_\_

Masters Womens 4+ \_\_\_\_\_ Average Age: \_\_\_\_\_  
Masters Mens 4+ \_\_\_\_\_ Average Age: \_\_\_\_\_

Total # of Rowers: \_\_\_\_\_ x \$20.00 = \$ \_\_\_\_\_

Please make checks payable to: **Syracuse Chargers Rowing Club**  
Waivers may be submitted the day of the event.

Please return registration form and fees to: David Cusano  
8114 Sloop Drive  
Cicero, NY 13039  
(315) 546-6575  
[djcusano@hotmail.com](mailto:djcusano@hotmail.com)



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**REGATTA SCHEDULE**

- 12:00 PM Coaches & Coxswain Meeting
- 12:30 PM Masters Womens 1x
- 12:45 PM Masters Mens 1x
- 01:00 PM Junior Womens 8+
- 01:30 PM Junior Mens 8+
- 02:00 PM Masters Womens 2x
- 02:15 PM Masters Mens 2x
- 02:30 PM Masters Womens 8+
- 03:00 PM Masters Mens 8+
- 03:30 PM Junior Womens 4+
- 04:00 PM Junior Mens 4+
- 04:30 PM Masters Womens 4+
- 05:00 PM Masters Mens 4+

**Release of Liability - 2011 Syracuse Charger R.C. Row For The Cure**

IN CONSIDERATION of being given the opportunity to participate in the Syracuse Chargers R.C Row For The Cure and any USRowing activity, including scheduled, supervised club activities, and registered regattas, during the policy term 12/31/10 – 12/31/11, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of rowing activities, both on the water and land based and that I am qualified, in good health, and in proper physical condition to participate in such Regatta.

2. FULLY UNDERSTAND that:

- a. ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and death ("risks");
- b. these risks may be caused by my own actions, or inactions, the actions of others participating in the Regatta, the condition in which the Regatta takes place, or the negligence of the "releasees" named below;
- c. there may be other risks and social and economic losses either not known to me or not foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Regatta.

3. AGREE AND WARRANT that I will examine and inspect each Regatta in which I take part and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Regatta and will refuse to take part in the Regatta until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Regatta, their administrators, directors, agents, officers, volunteers and employees, and other participants, regatta organizers, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Regatta take (each considered one of the releasees herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost which may incur as a the result of such a claim.

*I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any induction or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force.*

**Printed name of Participant:** \_\_\_\_\_  
**Street:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State/ZIP:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Participant's Signature (only if age 18 or over):** \_\_\_\_\_

**PARENTAL CONSENT:**

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS, each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost that may incur as the result of any such claim.

**Printed name of Parent/Guardian:** \_\_\_\_\_  
**Street:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State/ZIP:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Parent/Guardian's Signature (only if participant is under the age of 18):** \_\_\_\_\_